

MORETON & COMPANY WEBINAR

# Supporting Your Mental Health



May is Mental Health Awareness month! Join the Moreton & Company Population Health Team in this webinar dedicated to helping employees support their mental health.

In this webinar, you'll learn about tools to support your mental health and resources in the community.

[CLICK HERE TO REGISTER](https://moreton.zoom.us/webinar/register/WN_ax41e9o4QNWSQ7-zkR9yxw)

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*Once registered, you will receive a confirmation email containing information about joining the event.*

WEBINAR DETAILS:

**Tuesday, May 21<sup>st</sup>, 2024**

10:00 to 10:30 AM